



Heart Art

2025 Program

Creating Art that Nourishes your Heart

Art for Wellbeing

An on-going course that changes every term, exploring different areas of art (eg: drawing, painting, printing, textiles). Through these art activities participants build a range of new skills, grow in confidence and learn to express themselves in their art. The ever changing nature of the course makes it suitable for experienced and beginning students.

There are two afternoon classes alternating on Thursdays fortnightly at 12.30-3.15 pm .

Cost includes tuition, art materials, visual diary and afternoon tea.

Term 1	Class A begins	20th Feb	3 classes	cost \$192	Class B begins	27th Feb	3 classes	cost \$192
Term 2	Class A	8th May	4 classes	cost \$256	Class B	15th May	4 classes	cost \$256
Term 3	Class A	24th July	4 classes	cost \$256	Class B	31st July	4 classes	cost \$256
Term 4	Class A	23rd Oct	4 classes	cost \$256	Class B	30th Oct	4 classes	cost \$256

Creative Acrylic Painting

These relaxed Friday mornings allow participants to explore the many joys of painting with acrylic paints. Tuition, basic skills and techniques are given and developed with beginning painters. Experienced painters are encouraged to extend their skills with new ideas and techniques and also build their own inspiration and style. Self expression is encouraged.

Weekly Friday classes 10am- 1.15pm.

Cost includes tuition, paints, mediums, tools, a Visual Diary, one small stretched canvas and morning tea.

Term 1	commences	21st Feb	6 classes	\$ 384	Term 3	commences	25th July	8 classes	\$512
Term 2	commences	9th May	8 classes	\$512	Term 4	commence	24th Oct	8 classes	\$512

Needing to grow your art skills and confidence **Private Art Tuition** is also available.

Heart Art happens in a beautiful garden Studio in Curry Road, Park Orchards, Melbourne.

Art teacher Ann Bidstrup leads the activities, helps you develop art skills and encourages your own style.

Classes are small, so phone or email Ann to book your place ann@heart-art.com.au Mob 0419 303 823.

www.heart-art.com.au