

Spring Reveries

Imagine having a day to ponder on, and enjoy, the season of Spring. This gentle workshop is an opportunity to take time out of your busy world and honour and nourish your self, your body and soul.

Weather permitting we will spend time in the garden making art inspired by nature, and go for a mindfulness meditation walk.

There will also be music, poetry, nourishing food, time to connect with other women and time to 'centre'.

Time 9 am—4.30 pm Sunday 17th September

Cost \$130

includes art materials, morning tea and a light lunch.

Gaudi Glass / Klimt Glass

Antoni Gaudi coloured his amazing architecture in rich and striking ways with glass, tiles and textures. Gustav Klimt used repeated shapes to create memorable patterns in his paintings. Transparent mosaics is a great workshop for making art works inspired by Gaudi or Klimt using brilliantly coloured transparent and textured glass on simple glass shapes.



There are 5 base shapes to work on (circle, heart, bird, rectangle and waterdrop) all are approximately A4 in size. The designs can be pictorial or abstract. Finished with a flexible wire, the art work looks great hanging in a window where the light flows through it.

Time 9.30am - 4pm Sunday 29th October

Cost \$168 - includes tuition, notes, all materials,

The Language of Art

Tired of the mass produced (Christmas) cards? Would you like to send/give something inspiringly arty and personal to special friends and family? Join Ann for a rewarding day in the Studio when you not only create approx. 20 gloriously coloured cards and plenty of tags, you also learn to work with an interesting range of art materials and techniques including watercolour paints, geli printing, intricate stencils, texture rollers and gold/silver leaf.

A productive morning spent creating 'delicious' colours and patterns (non-traditional or traditional) on large, heavyweight papers is followed by a peaceful afternoon refining the art into unique cards. With morning tea and a light lunch provided there is much to enjoy during this creative day.

Time Sunday 12th November 9.30- 4 pm

Cost \$130- includes all art materials, morning tea and a light lunch.

Mosaics *final 2 mosaic workshops

This is Ann's 17th and final year of Mosaics.

There are two dates offered:

Date Sat/Sun 29th & 30th April

Date Sat/Sun 5th & 6th August

Time Day 1 9am to 4.30pm

Day 2 9am to 12 noon.

All projects use small glass tiles in a beautiful range of colours. The finishing grout will be black.

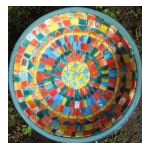
Each project allows for lovely, individual, artworks to be created while at the same time ensuring that the piece will be finished and ready to take home at 12 noon of day 2. (* Note that mosaics will need to be polished clean when they are dry.)

Projects available (there are images on Website)

The cost includes all mosaic materials, use of cutters, tuition, notes, morning teas on both days and a light lunch on Day 1.

Saucer Waterbowl

The Saucer Waterbowl is glazed (teal blue, dark blue or black) and the mosaic is formed inside the water bowl. Diameter 43.5cm, depth 9.5cm.



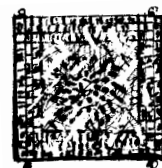
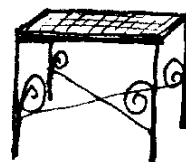
Cost \$285



Table or Plaque

The table top or plaque is 40 cm square. It is a strong, heavy, waterproof and excellent surface for mosaic. The heart-art design tablebase and legs are made from black rustproof metal and can be used indoor or outdoor. Table height is 46cm. The plaque frame is also in black, rustproof metal and is hardly visible when supporting the plaque.

Cost \$260 for Table top or plaque
- \$135 extra for table base with legs
- \$45 extra for plaque frame



Plaque

On black wooden bases

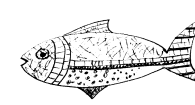
(not waterproof)

Mirrors — Cost \$275

- Persian H 60cm X W 40cm (inserted mirror 16cm X 25cm)
- Heart H 52cm X W 48cm (inserted mirror 14cm X 14 cm)

Art Shapes—Cost \$270

- Seahorse H 47cm x W 31cm
- Fish H 31cm x W 50cm
- Butterfly H 34cm x W 45cm



Eclectic Mosaic

Create a mosaic with your broken china, beads, buttons, coins etc alone, or in combination, with glass tiles. The base is black painted wood 30cm square. The grout is black. See Photo on Website. Please discuss materials with Ann when booking.

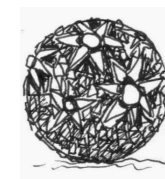
Cost \$210, if no tiles are provided.



Mosaic Sphere

Reminiscent of the playful mosaics in Gaudi's Park Guell in Barcelona this brilliantly jaunty sculpture is 20cm in diameter. Add some mosaic magic to your coffee table or the garden.

Cost \$260- See Website for images



Bejewelled Spanish Mirror

Inspired by the beautiful arches in old Spanish Architecture. This small mirror will add a burst of colour, texture and light to any room or outdoor undercover area.



Made with colourful glass mosaic tiles, glass beads, silver or gold reflex glass and bits of recycled jewellery, the mirror/mosaic is an eye-catching artwork.

H. 33.5cm X W.26.5cm. See website for photograph.

Cost \$275 (Participants need to consult with Ann prior to the workshop re recycled jewellery)

Heart Art

The art in heart is more than just three letters of the alphabet. There is a beautiful connection that happens when you take the time to explore and use the elements of art (colour, line, shape, etc) in your own way. These workshops are about creating art that nourishes your heart.

WORKSHOPS for 2017



www.heart-art.com.au



Ann Bidstrup Heart Art

Continued

ENROLMENT FORM

Name	
Address	
P/C	
E-Mail	
Phone H	Mob
Workshops	Dates

Enclosed / Bank Transferred amount \$

*Cheques payable to Ann Bidstrup

**Mail form to :- Ann Bidstrup
14-16 Curry Road, Park Orchards 3114.**

Banking Details:- Ann Bidstrup
BSB 733 382 Account Number 524 288

Heart Art 2017

Art teacher ANN BIDSTRUP will lead the activities and help you develop art skills. No previous art experience is required.

Each workshop is enriched with music, good food and happy company so it will be a special experience for you.

Class sizes are small so please phone or email Ann first to reserve a place :-

(03) 9876 1913 / ann@heart-art.com.au

Classes will only happen if there are sufficient confirmed bookings.

To confirm your booking, just email / post the information on the Enrolment Form to Ann with your deposit of half of the workshop cost. See payment details on above form.

For pictures of activities and to download copies of this brochure, visit www.heart-art.com.au

The Heart Art Studio

Curry Road, Park Orchards



Heart Art workshops are held in a lovely, light filled studio in Park Orchards (about 8 minutes from the Eastern Freeway / East Link Mel. Map 35 D12).

Set in an acre of garden and trees, with abundant bird life, the studio has a retreat-like atmosphere. A wonderful place for encouraging creativity.

Art For Wellbeing

Each term this ongoing course explores different areas of art and expands aesthetic awareness and art skills. Ann leads playful, experimental 2D and 3D art activities that build art experience and self confidence as, over time, participants experience painting, drawing, modelling, printmaking, textiles, collage and construction. Inspiration is taken from aspects of life such as the Seasons, famous artists, words and stories, special art materials, colour, line and nature. New participants are welcome and as the course is always changing no previous art experience is required. Images from last year's activities are on the website.

There are two afternoon classes alternating on Thursdays fortnightly at 12.30- 3.15 pm

Term 1 Class A	23rd Feb	3 classes	\$171
Class B	2nd Mar	3 classes	\$171
Term 2 Class A	20th April	5 classes	\$285
Class B	27th April	5 classes	\$285
Term 3 Class A	20th July	5 classes	\$285
Class B	27th July	5 classes	\$285
Term 4 Class A	12th Oct	5 classes	\$285
Class B	19th Oct.	5 classes	\$285

Cost includes tuition, art materials, visual diary and afternoon tea.

Abstract Acrylic Painting

Acrylic paints are very accommodating and versatile - they can become thick and creamy like oils, transparent like watercolours, work as a glue to include collage or be layered and scrubbed to give a weathered, aged effect. There is a beautiful spectrum of colours and they dry quickly. In these workshops Ann introduces participants to a wide range of ideas, techniques and experiences with acrylic paints all aimed at building painting skills, developing individual creativity and discovering personal style and symbols. Participants are also encouraged to find their own inspiration for their art and consequently these morning and day workshops are suitable for beginning and experienced painters alike.

Weekly Friday classes 10 am- 1.15 pm

Term 1	24th Feb	6 classes	\$342
Term 2	19th May	6 classes (*)	\$342
Term 3	11th Aug	6 classes	\$342
Term 4	20th Oct	6 classes	\$342

* (No class on the 9th of June)

Cost includes paints, mediums, tools, visual diary and equipment including one stretched canvas either 30cm x 30cm or 30cm x 40 cm, tuition and morning tea. Note: participants may need to provide additional small canvases during the term.

Sanctuary Saturdays * smaller class size

Escape into art for a day! There are 4 Saturdays of painting offered in 2017 and participants can book for individual or all Saturdays. These days provide a great way of forgetting your worries—the combination of the studio, painting, having lunch provided and being surrounded by nature and like-minded people works a special magic. No previous painting experience needed. Ann introduces new participants to techniques and ideas, and you are also welcome to bring your own inspiration for your painting.

Time — Saturdays 9.30am to 4pm
Term 1. 18th March Term 3. 2nd September
Term 2. 17th June Term 4. 25th November

Cost \$130 for each day includes—one 30cm x 40 cm or 30cm x 30 cm canvas, all paints, mediums, tools, tuition, morning tea and a light lunch.

* NOTE: if you would like to bring a larger canvas to work on there could be room, check with Ann prior to the class.

Needing help with an art idea? Wanting individual tuition? Ann is happy to give private sessions. To discuss this or the workshops in this brochure, phone Ann on (03) 98761913 or E-mail ann@heart-art.com.au

Visual Diaries * 5 workshops

Using a Visual Diary on a daily or weekly basis is a great way for honing your 'eye for beauty' and finding what really inspires your imagination and creativity. Your Visual diary can become an informal folio of inspiration growing out of images you draw, or find, in your day-to-day life.

In 2017 there are 5 workshops through the year to encourage and enrich your Visual Diary with ideas, art techniques, interesting art materials and new energy. The Theme for each date gives character and focus to the activities.

Time Sundays 1.30pm—4.30pm

Cost \$305 for all five Sundays (or \$69- for individual Sundays) Includes one A4 Visual Dairy, tuition, all art materials and afternoon teas.

5th Mar - Earth 15th Oct- Water
28th May- Air * 3rd Dec—Celebrate Summer
20th Aug- Fire (incl. prompts for holiday art)

Learn to Felt by Heart

Note: This is a repeat of the 2016 workshop.

Making felt from wool is a beautiful, ancient process that warms the heart and the hands. Participants will learn the felt-making process as they make two 3D felt hearts (approx. 12 cm x 10 cm x 4 cm) using two different techniques. The colours of the wools, silks and beads used will ensure that each heart is uniquely charming. The hearts can be given as gifts, perfumed, or displayed with a special message.

Time 1pm- 4.30 pm Sunday 26th March

Cost \$75 includes tuition, notes, all materials and afternoon tea.

Potted Felt

Note: This workshop is an extension of the Learn to Felt by Heart workshop....however if you have any felt making experience you will be fine to do this workshop. If you have never made felt before please do Learn to Felt by Heart first so you have the basics of felt making as 'Potted Felt' is quite experimental.

Love making felt? This is a 'totally hands on' workshop where you felt the cosy on the teapot! ...yes the resulting cosy works well and is a snug fit guaran'tea'ing piping hot tea. The teapot itself is provided in this class, however once you have the technique you need no pattern and will be able to felt a cosy for your own 'non heirloom' pots at home. Fun to make and fun to decorate, the wools, yarns and beads we will use are bright and beautiful and there is plenty of choice.

Each cosy is wonderfully unique, see Ann's at www.heart-art.com.au

Time 1pm- 4.30 pm Sunday 2nd July

Cost \$ 95- includes teapot, all materials, tuition, notes and afternoon tea.